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We are European,  
We are Equal!



ERASMUS+ PROJECT: KA229 Cooperation for Innovation and the Exchange of Good Practices - School Exchange Partnerships)

# #Equal in Greece

"We are European, We are Equal"

Pupil's name: ..... *Sathya Sathimando* .....

School's name: ..... *D' Obssamdo Ubeimo* .....

2nd Short-Term Exchange of Groups of Pupils  
26-30 March 2019, Naoussa/Greece



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## PROGRAMME OF ACTIVITIES

Group's members:

Italy: Sathya, Francesco, Alessandria

Spain: Cristian, Victor

Greece: Spirios, Tima, Katerina

### Tuesday 26<sup>th</sup> March

8:00 Breakfast at the hotel

8:30 By bus to school

9:00 Official welcome ceremony at the 3rd Gymnasio of Naoussa

9:30 Greek pupils' welcoming performance

9:45 EEEEEK's (School of Special Vocational Education and Training) presentation

10:00 Ice-breakers

11:00 On foot to Body Control (Dance school)

11:30 Cultural awareness and expression with flash-mob

How many songs are heard in the choreography and what is the rhythm of each dance?

There were four songs, one Spanish song named "Bambaleina Bambaleina" one Italian ones, "L'italiano" then "Sintaki" and finally a song when we did a circle all together.

13:00 Departure for lunch

13:30 Lunch ("Da Ellio")

15:00 Visit to "Vetlans"

15:30 Detecting the seven project themes in History and Mythology.

Write the title you have come up with for each of the seven themes.

Elderly: a grandfather tells a story to his grand son

Gender: men and women have the same rights

Disability: Disability is not a problem and does not hinder the emerging talent

Immigration: before immigrants were considered strong today they are increasingly accepted



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Religion: Love for humans goes through religion

Sexual identity: Love is love

Ethnicity: different explains but all the same

16:30 Presentations of the activity "Detecting the seven project themes in History and Mythology"

Which presentation did you like the most and why?

I liked the most the presentation about elderly, because it made me think of my grandparents who have still a lot to teach me, even if they are not able to use technology like young people do, but their wisdom is better than any mobile or computer

17:30 Tour of the town

20:00 Dinner ("Paradosiako")

## Wednesday 27<sup>th</sup> March

8:00 Breakfast at the hotel

8:30 Visit to Saint Nikolas grove by bus

Which tree dominates in the park?

Platanos

What's the name of the river?

Asopos

9:00 Olympic Games at Saint Nikolas grove

What's the name of the Olympic Game you took part in and which modern Olympic Game does it look like? Did you notice any differences?

We played volleyball and "tug of war", these game are remained the same



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What was the prize for the men and what was it for the women in ancient Olympic Games?

The prize for men was a laurel crown, for women the prize was an olive branch.

12:30 Lunch ("4 Epoches")

14:00 Walking to school through the countryside

Mention one of the most important cultivations in the area.

Peaches, apples.

15:00 Master chef cooking workshop (learning how to make healthy Greek salads)

Write the ingredients required for the Greek salad.

INGREDIENTS FOR TZATZIKI: yogurt, cucumbers, onion, tomato, fennel, oil and salt.

Can you find all these ingredients in your country? If not, how would you replace them?

Yes, these are all ingredients easy to find in Italy.

16:30 Engaging in entrepreneurship (creating an advertisement of my business)

Write the strongest and the weakest point of the advertisements that were presented and justify your answer.

The strongest ones are the photos, the weakest one is the presentation, because we were all shy and embarrassed.

20:00 Dinner ("Paradosiako")

Thursday 28<sup>th</sup> March

7:00 Breakfast

7:30 Trip to Thessaloniki

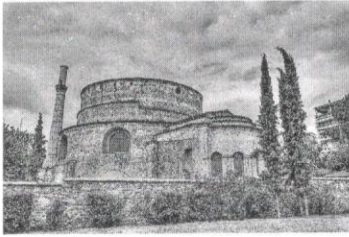


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9:30 Guided tour of the city (the Byzantine walls and castles, Rotonda, Byzantine Churches, the Ancient Agora, the Aristotle Square, the Modiano market, Ladadika, the White Tower etc.)

Write the name of the monument.



<http://detoxnews.gr/-p981-168.htm>

Rotonda



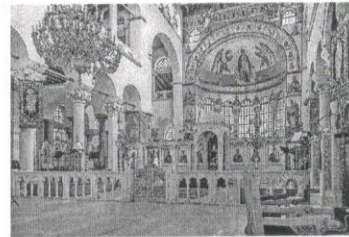
<https://www.cnn.gr/news/ellada/>

White Tower



<https://www.biscotto.gr/live-ikona>

Aristotle Square



<https://gr.depositphotos.com/50920415/stock-photo>

Byzantine Churches

14:00 Tasting Gyros

How did you like gyros? If you were asked gyros or burger, what would you answer?

I really like gyros, so I will choose them!  
But without meat because I'm vegetarian. All my friends loved it, I ate gyros with chips mushroom with mozzarella.

15:00 Walk along the beach (port, the White Tower, New Beach)

16:30 Coffee at the city centre or walking around the market

17.30 Return to Naoussa

20:00 Dinner ("Paradosiako")

Friday 29<sup>th</sup> March

8:00 Breakfast

3rd Gymnasio of Naoussa, Agiou Nikolaou, 59200 Naoussa, Central Macedonia, Greece



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8:30 By bus to school

9:00 Rehearsal of the songs for the performance

10: 30 walking to dance club "Body Control" by the river Arapitsa

11:00 The flash mob rehearsal for the performance

13:00 Departure for lunch

13:30 Lunch ("Spondi")

Free time

19:30 Meeting at the central square

20:00 Flash mob and songs performance

Write your impressions of your participation in the performance.

I have never seen an exhibition like this, it's been fantastic with live music and so many spectators.

Write 3-5 words that, in your opinion, best describe the message of this performance.

Fun, memorable, spectacular, exciting.

21:00 Dinner

**Saturday 30<sup>th</sup> March**

7:00 Breakfast

8.00 Departure for Vergina (Tomb of Philip II Macedonian)

What kind of tombs are there in Vergina? Who is buried in the most important tomb?

They were Greek tombs and the most important tomb is Philip II is buried.

12.00 The Macedonian Tombs of Lefkadia

13.30 The School of Aristotle (Isvorja)

Which student of Aristotle do you know?

I know Alexander the Great.

16:00 Goodbye Party with the families in a winery and distillery and Traditional National Dances

Write two products of the winery and the grape variety of Naoussa.

Koivinos (Red Dry wine), Tsipouro-ouro (white grape or grape).